

Benefits of managing money

- Free up time ⇒ Do things you enjoy
- Less stress ⇒ Better health
- Achieve goals ⇒ Satisfaction
- Greater control ⇒ Peace of mind



TELL AUDIENCE:

- There are many benefits from managing your money.

REVIEW ITEMS ON SLIDE

- Think about some of the more difficult times in your life:
 - How did your financial situation affect *that* situation?
 - Did it make it more stressful?
 - What about the periods of time in which you felt like life was going well. How well were you in control of your finances at that time?
- While money is not everything, the sense of financial control definitely gives you peace of mind and a positive outlook.